

Study Responding to Trauma 2022

Do you seek to learn how to respond to trauma with competence and confidence? With research-informed good practice?

Then our new professional development programme* is just what you need!

All professional backgrounds

This postgraduate programme is suitable for all professional backgrounds who are seeking to gain a deeper understanding of how to respond to adults and communities (including tamariki and rangatahi) who have experienced trauma.

Modular system

Courses can be taken one by one or as part of a 12-month Postgraduate Certificate in Responding to Trauma. From as little as

5 weeks to 12-months, you choose. You can start small and upgrade to the whole certificate later.

Online and flexible

Designed for working professionals, these courses are available wholly online with teaching and learning through BTI's dedicated online learning platform, and using tools of remote working.

Unique approach

At BTI, we recognise that we are created to not just engage with the social and physical aspects of our lives where we live and work, but also with the spiritual dimension. It is this unique aspect of our approach that informs our postgraduate study.



“The modular approach to learning more about responding to trauma is such a good fit for busy professionals who need good quality personal development. I’m delighted that we are able to offer this programme completely online to anywhere in the world. It is a privilege to be able to share our knowledge and skills.”

– Dr Nikki Kiyimba, BSc (Hons), PhD, DClinPsy, HCPC, C.Psychol, AFBPsS, AFHEA, NZPB
Postgraduate Programme Lead
Chartered Clinical Psychologist

Postgraduate Certificate in Responding to Trauma*

A new programme focusing on how to equip and support professionals across all backgrounds to respond to trauma in research-informed and successful ways.

Grow your career or develop a new specialty

This modular programme is designed for working professionals who need a study programme that offers maximum flexibility:

You can choose to study one or more

- 5 or 15-credit micro-credentials for professional development, OR
- Sign up for the whole 60-credit postgraduate certificate programme.

If you choose to start small with one or two 5-credit micro-credentials, you can upgrade and add on extra courses later.

A progression pathway for postgraduate diploma and master's level study is also available - talk to us about what you intend.

We'll support you

BTI also offers:

- exceptional learning support - dedicated staff, one-on-one consultations, resources, video tutorials etc
- dedicated international student help
- online resources and detailed information
- research-led teaching
- professional and experienced educators
- vibrant student group, including many studying by distance within Aotearoa New Zealand.



Level 8



Modules:
3x 5-credit
+ 3x 15-credit

Total:
60 Credits



12 months
(Part-time)



Study anywhere
in NZ or global



Fully online,
taught modules

What do I need to apply?

- Two references (at least one professional)
- Professional experience (preferably two years)
- Curriculum Vitae showing professional experience
- Application for Study Form
- Academic transcript (not required but to be submitted if available)
- Certified copies of two types of identification
- Personal Statement and Declaration Form

For International Students: Evidence of English Language Competency for Level 8 tertiary study

An undergraduate degree is not required for the Certificate level, but may be advantageous.

*Note that this programme is subject to approval through NZQA, expected in May 2022.

PGRT 801: The Trauma Responsive Organisation

A trauma-informed understanding of human behaviours considers the impact of traumatic experiences on physical, mental, emotional, relational, environmental, and spiritual dimensions. Typically, this is changing the question from 'what is wrong with you?' to 'what has happened to you?' Globally trauma-responsive models of practice have been implemented across a wide range of organisational contexts. How this has been achieved in various fields of practice are examined, and students engage with research evidence demonstrating the value for organisations of transitioning to a trauma-responsive approach. Students can consider ways in which trauma-responsive practices might be implemented in their own professional contexts.

5 CREDITS

5 WEEKS

June - July 2022

PGRT 802: Burnout, Fatigue and Human Flourishing

Trauma responses such as workplace burnout and compassion fatigue might be thought of as a "what happens to a person where there is either too much too soon, too much for too long, or not enough for too long". Assessment to identify the nature and causes of stress connected with burnout and compassion fatigue are introduced and the physical, mental, emotional, relational, environmental, and spiritual dimensions necessary for human flourishing are considered. Pathways from burnout and compassion fatigue to human flourishing are described and compared with viewpoints on wellness based on Self-determination theory. Examples will be provided of different contexts through engagement with empirical literature to explore effective ways to identify, avoid, manage burnout, and compassion fatigue, and to seek to implement mechanisms for flourishing.

5 CREDITS

5 WEEKS

August 2022

PGRT 803: Responding to Crisis

This course will introduce models recommended in the literature and will discuss the need for cultural variation and application depending on context. Students will be invited to engage with evidence-based practice regarding the immediate management of traumatic incidents.

In Aotearoa like many countries globally, there have been several traumatic events including the Christchurch earthquakes in 2011 and the Mosque shooting in 2019.

In the case of sudden and unexpected crises, the immediate response is often critical to managing the harmful psychological effects of the event.

The Secondary Traumatic Stress Scale is introduced as a tool that may be used in a range of different contexts in the weeks following an incident.

5 CREDITS

5 WEEKS

September 2022

Proposed Responding to Trauma programme

PGRT 804: Identity and Trauma

Students are introduced to the mutual relationships between trauma and identity. Post-traumatic growth is examined, with reference to the Biblical meta-narrative and recent research. Students are invited to reflect upon their own identities in the context of supporting people who have experienced trauma in relation to the possibilities for vicarious PTSD and vicarious PTG. Cultural factors are examined and discussed, both in terms of colonisation and inter-cultural trauma, and in terms of the historical trauma reproduced within communities. The course aims to equip students within their respective professional contexts with the knowledge and skills to support colleagues, clients, and service users after trauma, ensuring that they are mindful of and well informed about the relationships between trauma and identity.

15 CREDITS

15 WEEKS

June - September 2022

PGRT 805: Risk and Suicide

Globally, every 40 seconds a person dies by suicide. For each death, estimates show 20 more attempted suicide. History teaches that a pandemic increase suicide risk, and experts have issued warnings that the impact of Covid-19 may also be severe. Global inequalities are an additional risk factor, including socio-economic disadvantage, marginalised racial, ethnic, and sexual groups, and front-line workers. This course offers practical skills for professional contexts by addressing three key areas: (1) Evaluation of risk, protective and vulnerability factors. (2) Impact of suicide on families, whānau, and professionals, including traumatic loss and grief. (3) Hope and resilience in light of the Biblical narrative. Tutors will sensitively support students to engage safely with this topic.

15 CREDITS

15 WEEKS

March - June 2023

PGRT 806: Interpersonal Trauma

When violence, force, or abuse are deliberately used by one person or group against another, the ways in which people experience and make sense of what has happened to them are affected by relational and attachment dynamics. This course respectfully draws on Te Whare Tapa Whā framework to structure a critical investigation of the impacts of interpersonal trauma.

Block 1 provides a relational (whānau) and spiritual (wairua) context to support understanding of interpersonal trauma. Block 2 addresses physical (tinana) types of assault and abuse including physical, sexual and gang violence. Block 3 explores emotional and psychological (hinengaro) abuse including cyber-bullying, gaslighting and catfishing. Drawing on current research including epigenetic and polyvagal theories, students will be provided with skills that can be put into practice in their respective professional contexts.

15 CREDITS

15 WEEKS

March - June 2023

Why BTI?

Our mission is to provide Christ-centered, biblically informed professional preparation, development and research for influential service.

We support people to grow holistically and academically.

Given NZQA's highest rating, our programmes are highly effective and shaped by stakeholder feedback.

**GREAT
HEARTS
& MINDS**

CONTACT US

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