



Responding to Trauma

Are you seeking to learn how to respond to trauma with competence
and confidence?

Our NZQA approved research-informed professional development
programme is what you need.

Postgraduate Certificate in Responding to Trauma

This new programme equips and supports professionals to respond to trauma using research-informed practice working in a range of occupations.

All professional backgrounds

This postgraduate programme is suitable for people from all professional backgrounds who are seeking to gain a deeper understanding of how to respond to individuals and communities, including children/tamariki and young people/rangatahi, who have experienced trauma. This programme draws on Te Whare Tapa Whā framework to structure a critical investigation of the impacts of trauma.

Completely online and flexible

Designed for working professionals, these courses are available wholly online. Teaching is delivered through BTI's dedicated online learning platform.

Unique approach

At BTI, we recognise that we are created to not just engage with the social and physical aspects of our lives where we live and work, but also with the spiritual dimension. Our vision is to be a relational, responsive and transformative Christ-following teaching and learning community, providing Biblically informed professional preparation, development and research for influential service. It is this unique aspect of our approach that informs our postgraduate 'Responding to Trauma' programme. We welcome students of all faiths and none, and provide an inclusive learning environment for all students.

We'll support you

- exceptional learning support - dedicated staff, resources, video tutorials etc.
- dedicated international student help
- online resources and detailed information
- research-led teaching
- professional and experienced educators
- vibrant student group, including many studying by distance within Aotearoa New Zealand and internationally.



Level 8



Micro-credentials: 3x 5 credits

PGCert: 3x 15 credits + 3x 5 credits = 60 credits



Micro-credentials 5 weeks



PGCert 12 months (Part-time)

Study anywhere in NZ or offshore



Fully online, taught modules

- **A modular approach to learning**
- **High quality professional development suitable for busy professionals**
- **Available completely online**
- **A postgraduate certificate which can transition to further postgraduate education in trauma studies**

**He aha te mea nui o te aō?
He tangata, he tangata, he tangata**

What is the most important thing in the world? It is people, it is people, it is people

Grow your career or develop a new specialty

The modular programme is designed for working professionals who need a study programme that offers maximum flexibility. Choose to:

Sign up for the 60-credit postgraduate certificate programme

OR

Study one or more 5-credit micro-credentials for professional development

If you choose to start with one or more 5-credit micro-credentials, you can upgrade and add on extra courses later.

A progression pathway for postgraduate diploma and master's level study is also available.

“I found the structure including outline, design, and delivery extremely user friendly and supportive towards my learning. The point of difference from other courses I have studied with online delivery was the recordings of both compulsory readings and tutorials. This enabled me to better utilise my time.”

Student feedback

Modular Programme

Postgraduate Certificate in Responding to Trauma

Professional Development/Microcredentials

PGRT801
The Trauma Responsive Organisation
5 credits
5 weeks

PGRT802
Burnout, Fatigue and Human Flourishing
5 credits
5 weeks

PGRT803
Responding to Crisis
5 credits
5 weeks

PGRT804
Identity & Trauma
15 credits
15 weeks

PGRT805
Risk & Suicide
15 credits
15 weeks

PGRT806
Interpersonal Trauma
15 credits
15 weeks

Courses can be taken individually, interchangeably and build together

What do I need to apply?

- Two references (at least one professional)
- Professional experience (preferably two years)
- Curriculum Vitae showing professional experience
- Application for Study Form
- Academic transcript (not required but to be submitted if available)
- Certified copies of two types of identification
- Personal Statement and Declaration Form

For International Students: Evidence of English Language Competency for Level 8 tertiary study

An undergraduate degree is not required for the Certificate level, but may be advantageous.



Tini whetū ki te rangi, he iti pokeaō ka ngaro

A small cloud overhead will obscure the stars.

Sometimes what may seem small or an insignificant event to some, may be big enough to inhibit others fulfilling their true potential. No matter how small the trauma, it has big implications in people's lives.

- **5 credits**
- **5 weeks**
- **Domestic Fee: NZD\$321.90**
- **International Fee: NZD\$680.73**

“Really enjoyed this course, will definitely use what I have learnt with clients.”

Student feedback

PGRT801 The Trauma Responsive Organisation

A trauma-informed understanding considers the impact of traumatic experiences on physical, mental, emotional, relational, environmental, and spiritual aspects of human behaviour.

Typically, a trauma-responsive position changes the question from ‘what is wrong with you?’ to ‘what has happened to you?’ In this case, various fields of practice are exercised, and students engage with research evidence demonstrating the value for organisations of transitioning to a trauma-responsive approach. Students can consider ways in which trauma-responsive practices might be implemented in their own professional contexts.

13 March – 16 April 2023 & 17 July – 20 August 2023

PGRT802 Burnout, Fatigue and Human Flourishing

This course supports students to identify the nature and causes of stress connected with burnout and compassion fatigue is introduced and the physical, mental, emotional, relational, environmental, and spiritual dimensions necessary for human flourishing are considered. Pathways of recovery from burnout and compassion fatigue are described and compared. Examples are provided of different professional contexts through engagement with literature and explore effective ways to identify, avoid, and manage burnout, and compassion fatigue, and to implement mechanisms for flourishing.

24 April – 28 May 2023 & 28 August – 1 October 2023

PGRT803 Responding to Crisis

This course introduces the main models of crisis response recommended in the literature, including cultural variation and application depending on context. Students are invited to engage with evidence-based practice regarding the management of traumatic incidents.

In Aotearoa like many countries globally, there have been several traumatic events including the Christchurch earthquakes in 2011, the Mosque shooting in 2019, and Whakaari (White Island) eruption. More recently, the Covid-19 pandemic has been a global phenomenon, requiring crisis management internationally, nationally and locally.

In the case of sudden and unexpected crises, the response is often critical to managing the harmful psychological effects of the event.

5 June – 9 July 2023 & 9 October – 19 November 2023

Tūwhitia te hopo

Feel the fear and do it anyway.

Sometimes it can be scary when people revisit traumatic events.

However, some understand that when we embrace the fear of revisiting trauma it is a step towards healing.

- **15 credits**
- **15 weeks**
- **Domestic Fee: NZD\$965.70**
- **International Fee: NZD\$ offshore delivery expected to be available shortly**

PGRT804 Identity & Trauma

Students are introduced to the mutual relationships between trauma and identity. Post-traumatic growth is examined, with reference to the Biblical meta-narrative and recent research.

Cultural factors are examined and discussed, both in terms of colonisation and inter-cultural trauma, and the historical trauma reproduced within communities. The course aims to equip students within their respective professional contexts with the knowledge and skills to support colleagues, clients, and service users after trauma.

March – July 2023

PGRT805 Risk & Suicide

Globally, every 40 seconds a person dies by suicide. For each death, estimates show 20 more attempted suicides.

Global inequalities are an additional risk factor, including socio-economic disadvantage, marginalised racial, ethnic, and sexual groups, and front-line workers.

This course offers practical skills for professional contexts by addressing three key areas: (1) Evaluation of risk, protective and vulnerability factors. (2) Impact of suicide on families, whānau, and professionals, including traumatic loss and grief. (3) Hope and resilience

March – July 2023

PGRT806 Interpersonal Trauma

When violence, force, or abuse are deliberately used by one person or group against another, the ways in which people experience and make sense of what has happened to them are affected by relational and attachment dynamics.

Block 1 addresses the relational (whānau) and spiritual (wairua) interpersonal trauma. Block 2 addresses the physical (tinana) types of assault and abuse including physical, sexual and gang violence. Block 3 explores emotional and psychological (hinengaro) aspects of trauma including cyber-bullying, gaslighting and catfishing.

Drawing on current research, students will be provided with skills that can be put into practice in their respective professional contexts

July - November 2023



GREAT HEARTS & MINDS



Why BTI?

Our mission is to provide Christ-centered, biblically informed professional preparation, development and research for influential service.

We support people to grow holistically and academically.

Given NZQA's highest rating, our programmes are highly effective and shaped by stakeholder feedback



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