

## BTI Student Wellbeing Plan 2024/25

BTI is dedicated to creating an environment that is **student centered** and addresses the economic, social, wellbeing and safety goals, and the development aspirations of diverse learner groups (e.g., Māori, Pasifika, international students, students with disabilities etc.). We focus on listening to our students and making changes based on their feedback to adapt our teaching, learning and support services to empower students at different ages and stages. BTI has made changes that enhance student voice and participation in student governance and management decision making. This is mainly facilitated through the Student Council, which is made up of class representatives from each programme and year level.

As part of our commitment to building a student centred educational experience for our students, BTI has worked hard to strengthen existing, and develop new, connections and authentic partnerships with students, whānau and diverse learner groups. As an organisation, our commitment to improve the educational environment and “the student experience” for all has seen us develop a number of initiatives that work to support learner success and achievement.

The Student Wellbeing Plan created in 2022 encompasses the strategic goals and plans for supporting the wellbeing and safety of our students. The plan is reviewed annually and endeavours to help guide staff and students through an important shift in thinking about wellbeing and safety initiatives: moving from the remediation of problems to primary prevention and wellbeing enhancement. BTI hopes to achieve this by equipping and empowering students with the skills and knowledge to thrive in the learning environment.

Feedback from Student Wellbeing survey sent out to students in July 2024 affirmed that BTI is a safe, inclusive and supportive learning environment. Students feel welcomed and are not judged, and are accepted for who they are.

### What is wellbeing?

Wellbeing is a multi-factorial construct incorporating biological, psychological and social components, which enables the individual to be free from disease, disorder and harm, but also to reach a state of health that enables them to be at their best.

The World Health Organization's definition of mental health is “a state of wellbeing in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.”<sup>1</sup>

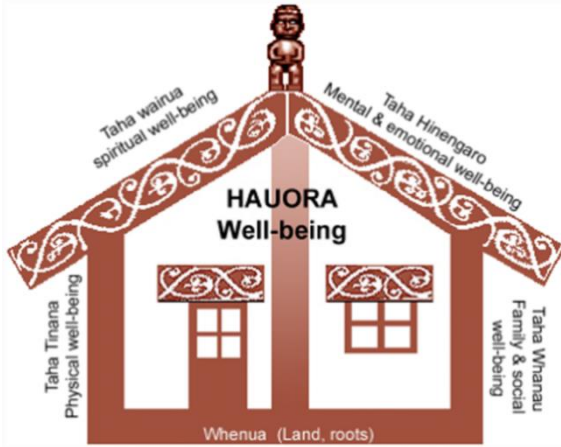
Wellbeing is seen to encompass concepts of thriving, resilience, connectedness, sense of community, empowerment, work-life balance, morale and camaraderie. It is enhanced by thriving, resilient and connected campus communities that reflect an ethic of compassion and embed a culture of wellbeing<sup>2</sup>.

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<sup>1</sup> <https://www.who.int/data/gho/data/major-themes/health-and-well-being>

<sup>2</sup> <https://www.cph.co.nz/wp-content/uploads/SITertiaryHealthWellbeingSurvey.pdf>

Fig. 1



Whare Tapa Whā (Four sided house) health model (Durie 1994)

In Aotearoa New Zealand, a Māori model of health, Te Whare Tapa Whā, aligns well with these definitions, taking a holistic view of health.

It focuses on the four cornerstones of health, being Taha Tinana (physical wellbeing), Taha Hinengaro (mental wellbeing), Taha Whānau (social wellbeing) and Taha Wairua (spiritual wellbeing).<sup>3</sup>

## Taha Tinana (Physical Wellbeing)

- ❖ providing an accessible and safe learning environment
- ❖ Investing in development of specific resources to enhance distance/online learning models
- ❖ improve software and visual design to improve access to onsite and online learning
- ❖ physical/health events in the wider city



<sup>3</sup> <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>

## Taha Hinengaro (Mental and Emotional Wellbeing)

- ❖ increase support in the areas of student mental health and wellbeing (staffing, cultural advisor and cultural staff, pastoral care support)
- ❖ Counselling Referral and Support for Students Policy (SG.36)
- ❖ changes to student support services, including Ngā Maunga Āwhina and cohort mentors (increased staffing and access to support for students)
- ❖ encourage staff to be involved in the development of individualised holistic learning plans for specific students (including in online teaching and planning and assessment)
- ❖ to promote preventive workshops on common issues such as anxiety, make available resources (e.g., Healthy Mind Toolkit)
- ❖ expand development of wellbeing resources (videos and social media) to be made available on BTI website / BTIonline
- ❖ career support – online talks on career and job preparation
- ❖ focus on culturally responsive teaching practices (increasing the number of te reo speakers)
- ❖ Te Rōpū Whakaterere established in 2022 for the purpose of navigating matters relating to Tikanga and Kaupapa Māori practices, and to advocate and provide support for Māori students  
See also Mātauranga Māori Guidelines (P.01)
- ❖ establishing a Māori Student Council to represent Māori student affairs if there is interest.
- ❖ Accessibility Support Coordinator - support for students with disabilities
- ❖ Accessibility Support Policy (SG.42)
- ❖ ongoing review of policies/processes to support students with feedback from the Student Council
- ❖ partnering with students to better understand their needs, regular surveys of students and staff to promote digital, social and cultural inclusion, collate data student surveys for review and implement student led change



## Taha Whānau (Family and Social Wellbeing)

- ❖ relationships: proactively build connectedness, promoting respectful relationships
- ❖ peer support, social groups, focus groups
- ❖ BISA social events - annual ball, wānanga get-togethers, event days
- ❖ Te Pūpūangi, cohort gatherings with BISA financial support
- ❖ sausage sizzle/ shared lunch during wānanga
- ❖ sports events during wānanga
- ❖ promotion of social events in the wider city
- ❖ creating social spaces online
- ❖ regional clusters
- ❖ invest in cultural spaces for Māori students and Pasifika students / cultural facilities, cultural events, celebrations of cultural diversity (noho marae, pōhiri, Matariki, language week -Te wiki o Te Reo Māori). Te Rōpū Wakatere engagement, to help build competence and confidence in the staff

## Taha Wairua (Spiritual Wellbeing)

- ❖ Karakia/Waiata, devotions every Tuesday and Thursday.
- ❖ daily devotions during onsite wānanga
- ❖ opportunities for prayer
- ❖ online Bible study on various topics
- ❖ inspirational speakers onsite/zoom, workshops with guest speakers
- ❖ faith based activities
- ❖ church community events
- ❖ conferences, sponsorships to conferences
- ❖ opportunities to volunteer, charity work, fundraising for important causes



*This plan is a living document and will be updated as needed.*

Students who wish to provide feedback on this plan can do so by emailing the [Student Engagement Coordinator](#)

## Student-Centred Learning

At BTI, we believe in the importance of student-centred learning which is both pedagogical and practical. It is a shift from the activity of teaching in the form of teachers' structuring and presentation of knowledge, to the process of learning, with a focus on learners' characteristics, experiences, and efforts to make sense of what they encounter in educational settings (Barr & Tagg 1995).

Students need skills to continually adapt by acquiring new information and learning independent of instruction. Students are to be critical thinkers, problem-solvers and lifelong learners. In addition, they must be adept at communication, teamwork and self-assessment. BTI supports students in developing skills to succeed in any environment.



Source: "The Statement of National Education and Learning Priorities (NELP) & Tertiary Education Strategy (TES)" (<https://www.education.govt.nz/assets/Documents/NELP-TES-documents/FULL-NELP-2020.pdf>)

# Student Support – influenced by Durie’s (1994) Te Whare Tapa Whā model

## BTI STUDENT HANDBOOK

### Study Skills

Assignment check

Grammar

Essays

Referencing

Resubmissions

Technology

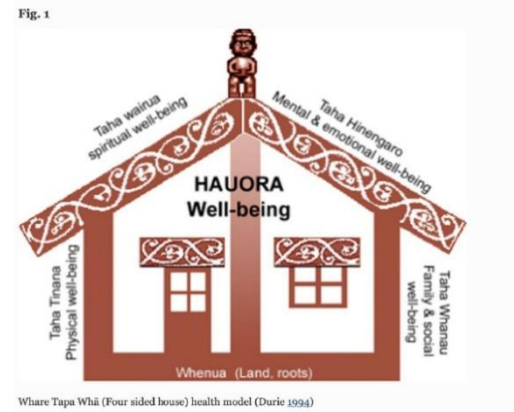
Library

[Online resources](#)

[Learning Advisors](#)

[BTI library website](#)

[Librarian](#)



### Understanding content

Complete course work → do the readings → check the QA forums → consider asking a fellow student → contact educator

### Concerns and Complaints

Refer to [Student Concerns & Complaints Policy](#) and [Concerns & Complaints Flowchart](#)

### Accessibility Support

Check needs are related to learning / physical needs → Contact [Accessibility Support Coordinator](#)

### IT issues

For IT related issues including BTIonline → Contact [Technology Support Officer](#)

### Financial

Investigate other options e.g. StudyLink, Work and Income, CAP

One-off issue → [He Kete Pāwera](#)

On-going issue → Refer to [Ngā Maunga Āwhina](#)  
(SoSP students) or cohort mentors (SoTE)

### International/Offshore Students

Check needs are specifically international-student-related → Contact [International Student Coordinator](#)

### Personal circumstances

Contact [Ngā Maunga Āwhina](#) (SoSP students) or cohort mentors (SoTE)

### Programme of study (course changes etc.)

Contact [Ngā Maunga Āwhina](#) (SoSP students) or cohort mentors (SoTE)

### Spiritual

Ask your pastor or a student/educator that you trust → or contact [Student Engagement Coordinator](#)

### Cultural Issues

Contact [Te Rōpū Whakatere](#) (Māori/Pasifika Support Staff)

## Current BTI Student Policies that support Student Wellbeing and Safety

[Accessibility Support \(for students with differing needs and abilities \(SG.42\)](#)

[After Hours Access to BTI's Facilities \(SG.01\)](#)

[Bethlehem College Scholarships \(SG39\)](#)

[Counselling Referral and Support for Students \(SG.36\)](#)

[Dual Relationships \(SG.06\)](#)

[Harassment \(SG.09\)](#)

[He Kete Pāwera \(SG.10\) formerly Student Hardship](#)

[Student Information Keeping & Disclosure \(SG.17\)](#)

[IT Services Acceptable Use \(P.11\)](#)

[Library Lending \(SG.13\)](#)

[Mātauranga Māori Guidelines \(P.01\)](#)

[Personal Disclosures Policy \(SG.24\)](#)

[Privacy Policy \(SA.31\)](#)

[Reader Writer Support for Students \(SA.20\)](#)

[Smoke-free drug-free alcohol-free Policy \(SG.40\)](#)

[Student Concerns & Complaints \(SG.08\)](#)

[Student Concerns & Complaints Flowchart \(SG.08\)](#)

[Student Health & Safety \(SG.31\)](#)

[Student Suicide Response Policy \(SG.43\)](#)

[Support for International Students \(SG.15 & SG.35\)](#)

[Tauranga Moana Iwi and Ngati Kahu Scholarship \(SG.11\)](#)

[The Use of Te Reo for Assessment \(SA.27\)](#)

To view all other student policies please log into BTIonline using your student account:

[Student Policies](#)